

The Power of Deep Listening

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Australia has one of the highest rates of suicide within its Aboriginal and Torres Strait Islander communities anywhere in the world. I-ASIST has been developed with over 94 Aboriginal and Torres Strait Islander communities covering almost every State and Territory in Australia.

Since its inception through a National Health and Medical Research project back in 2014, we have trained over 10,000 people and kept countless others safe from suicide.

This presentation will tell the story of what is possible when First Nations communities come together and build their own self-determination and leadership in creating suicide safe communities. As well articulated by one of our trained Aboriginal Elders, 'Our children do not kill themselves between the hours of nine and five. We need to have skills to do suicide intervention in real time and not be reliant on a service provider who does not know our communities and culture.'